



Praying Through Advent



A Stand-Up Advent Wreath

As we journey through the season of Advent, the United Methodist Higher Education Foundation encourages you to set aside time to pray for others.

On the next page is a foldable, stand-up Advent wreath. Print it, write the names of individuals or groups of people you would like to lift in prayer each week. Fold on dotted lines and place it where you will see it each day. Let it be a reminder for you to pause and pray with the UMHEF staff and community.



Fold in a
Z-style
on the
dotted lines.

"Being awarded a UMHEF scholarship was a blessing in my quest to graduate college without significant debt. I am grateful that I was able to find this opportunity. I believe that the UMHEF scholarship fund is a great way to exhibit the generosity that our faith has."

- **Malachi** WILLAMETTE UNIVERSITY

GIVE THE GIFT OF EDUCATION!

Give through UMHEF in support of United Methodist students.

- Visit UMHEF.org/give
- Mail a check to UMHEF, P.O. Box 340005, Nashville, TN 37203
- Call 800-811-8110 to give over the phone

Thank you!

Wishing you a meaningful and peaceful Advent season.

HOPE

Sunday, November 27

This week, pray for those who need their faith and hope restored.

I pray
HOPE for:



LOVE

Sunday, December 4

This week, pray for those who are seeking love, those you love, and those who love you.

I pray
LOVE for:



"May the Lord make your love increase and overflow for each other and for everyone else, just as ours does for you."
(1 Thessalonians 3:12)



JOY

Sunday, December 11

This week, pray for the people and things in your life that bring you joy.

I pray
JOY for:



"Shout aloud and sing for joy, people of Zion, for great is the Holy One of Israel among you."
(Isaiah 12:6)



PEACE

Sunday, December 18

This week, pray for people in conflict with each other or within their own souls. May they experience deep peace.

I pray
PEACE for:

